

TRAINING LOG

How to use this log: Choose one or two things to work on, keep sessions short and achievable, and record what happened. Tracking your dog's progress can help you see what is improving, what needs more practice, and which environments or distractions affect success.

Dog's Name:	_____	Week of:	_____
My Goal:	_____		

Training Sessions

Date	What We Practiced	Where / Distractions	Time	How It Went	What I'll Do Next

QUICK PROGRESS GUIDE	1 — Just learning	2 — Needs lots of help	3 — Getting it	4 — Mostly reliable	5 — Confident
-----------------------------	-------------------	------------------------	----------------	---------------------	---------------



WEEKLY CHECK-IN

Take a moment to reflect on your dog's progress and plan the next step.

BIGGEST WIN

What improved or made you proud this week?

STILL WORKING ON

What needs more practice or an easier setup?

NEXT WEEK'S GOAL

Choose one realistic thing you want to improve next.

Training tip: Progress is rarely a straight line. Make training easier when your dog is struggling, reward the behaviours you want to see again, and remember that consistency matters more than perfection.